

November



2015-16
School Year

Nutrition @ OAK HILLS | \$3

Each meal is served with fresh fruit and a choice of fat free or 1% milk

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Bagel w/ Cream Cheese	3 Fruit & Yogurt Parfait + Mini Muffin	4 Berry Smoothie + Cereal	5 Scrambled Eggs & Toast	6 <i>EARLY DISMISSAL</i> Cinnamon Pretzel	7
8	9 Bagel w/ Cream Cheese	10 Baked French Toast	11 <i>Veterans Day</i> NO SCHOOL	12 Egg & Potato Breakfast Burrito	13 <i>EARLY DISMISSAL</i> Cinnamon Pretzel	14
15	16 Bagel w/ Cream Cheese	17 Fruit & Yogurt Parfait + Mini Muffin	18 Pizza Bagel	19 Scrambled Eggs & Toast	20 <i>EARLY DISMISSAL</i> Cinnamon Pretzel	21
22	23	24	25	26	27	28
<i>Thanksgiving Break</i>						
29	30 Bagel w/ Cream Cheese					



All menu items are made without peanuts or tree nuts.



Menu items are prepared without meat ingredients unless otherwise specified

Menu is subject to change without notice